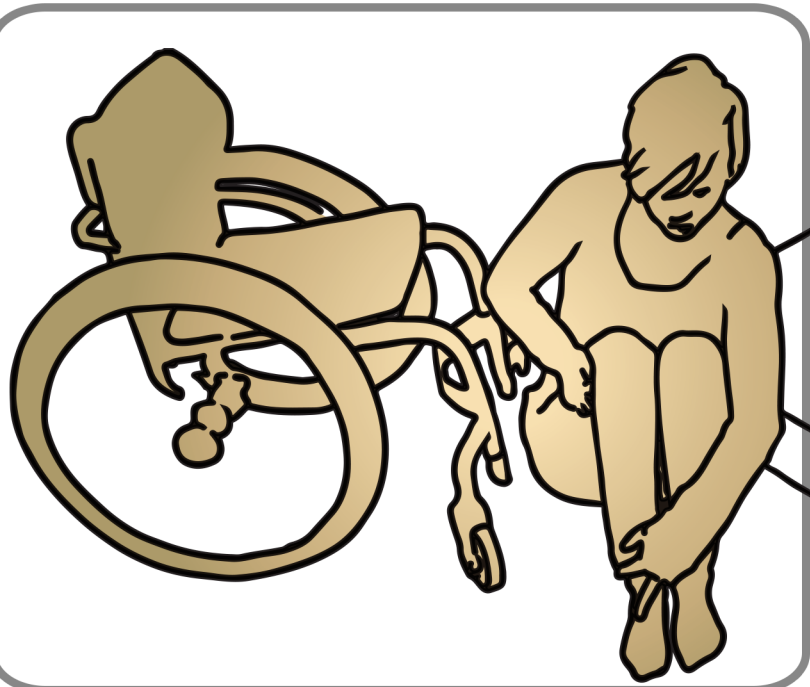


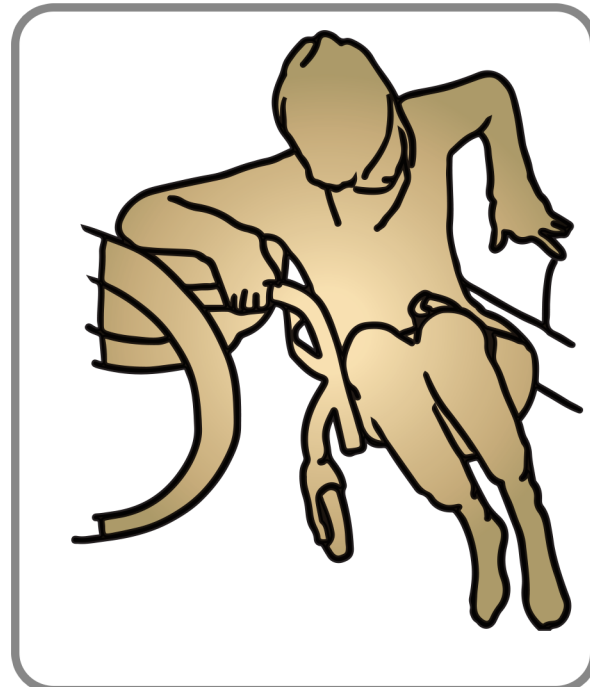
FROM FLOOR TO WHEELCHAIR



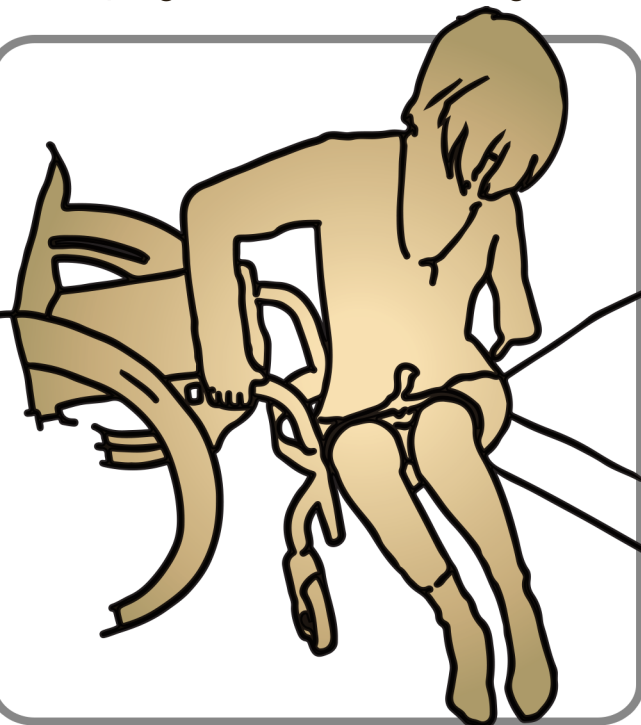
keeping knees and ankles together



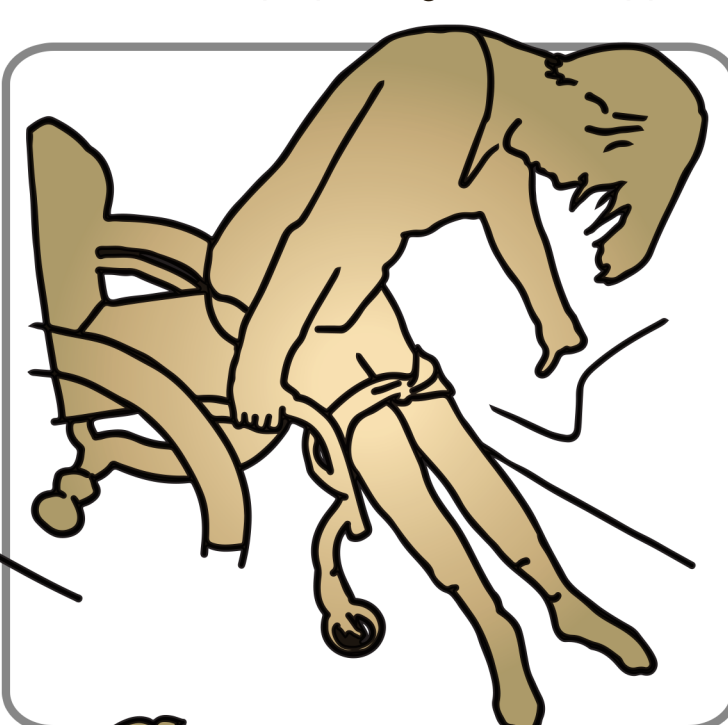
prepare right arm to support



prepare left arm to support



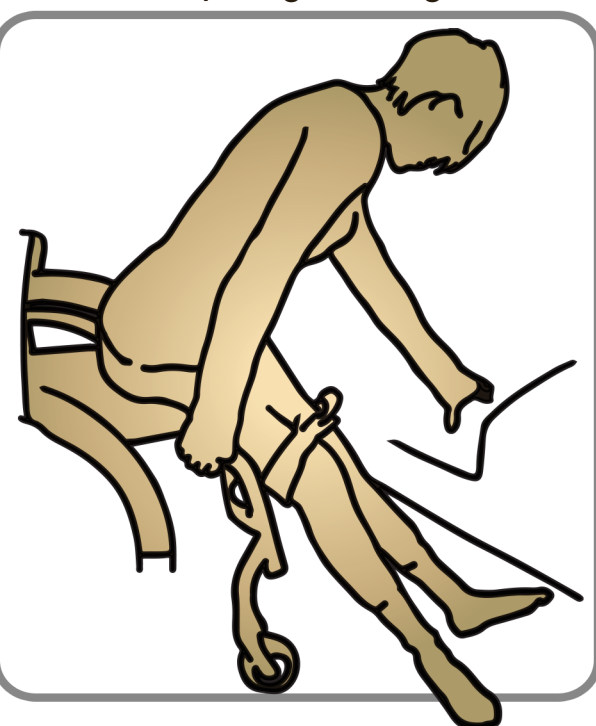
raise body weight through arms



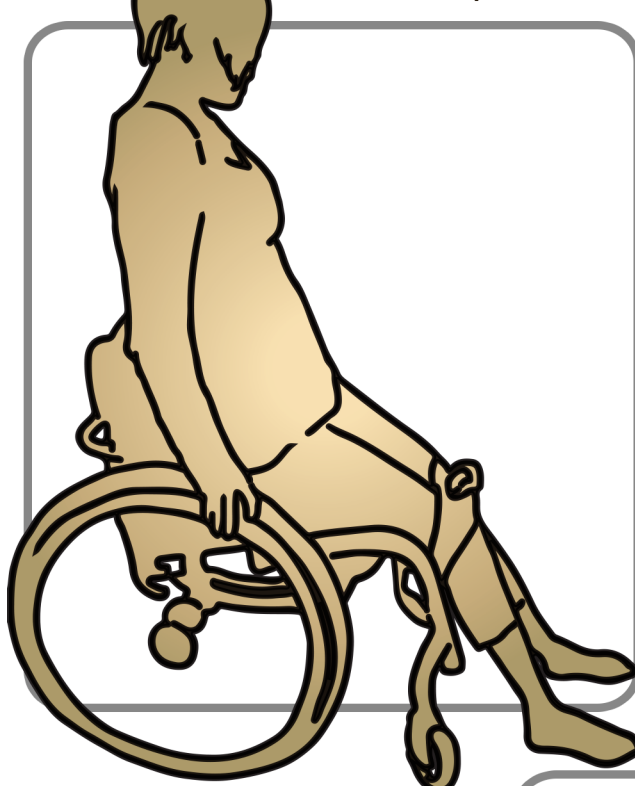
and swivel hips toward chair



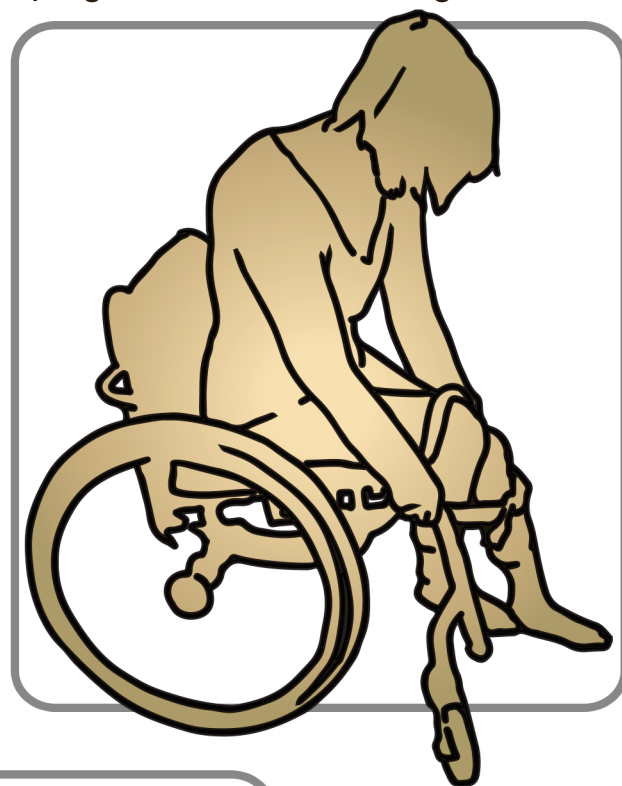
keeping knees and ankles together



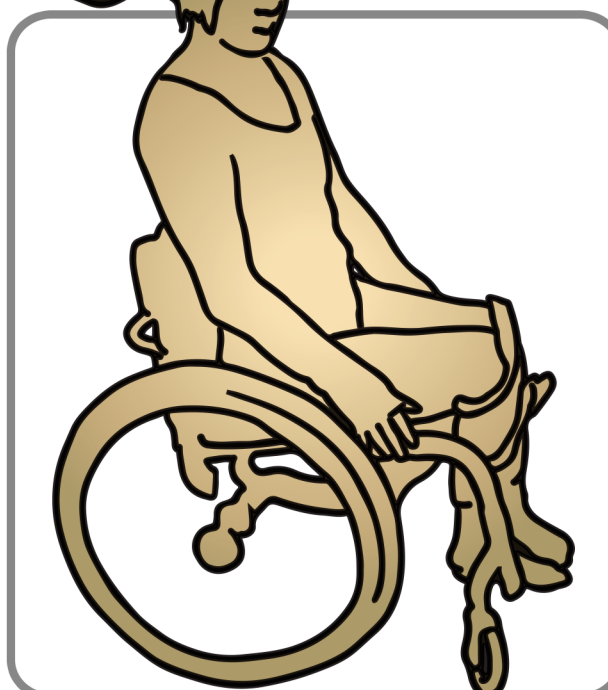
swivel hips fully into chair



push hips to back of chair



place feet on footplate



and ready to roll!